



# Dr. Valarie W. Harris

Certified Empowerment Coach | Business Consultant  
Educator | Minister | Speaker | Author

Dr. Valarie Williams Harris is a Certified Empowerment Coach, Business Consultant, Author and Speaker dedicated to helping women leaders, entrepreneurs, and educators unlock their potential and build lasting legacies. With over four decades in education and leadership, she is the CEO of Stepping Out with Purpose®, LLC and founder of Harris Elevation Empowerment Inc. Her published works include inspirational anthologies and coaching resources such as From Our Years to Your Ears and Daring to Dream Big, equipping readers to step out of their comfort zones with faith and courage. Beyond her writing, she is passionate about mentorship, global missions, and inspiring cross-generational impact.

## Notable Achievements

CEO & Founder of Stepping Out with Purpose®, LLC  
Founder of Harris Elevation Empowerment Inc., a nonprofit serving women and cross-generational leaders.

## Author & Co-Author of multiple books, including:

- From Our Years to Your Ears (Legacy Letter Anthology)
  - Daring to Dream Big
  - Cultivating Knowledge & Wonder: Perspectives from the Frontlines of Teaching and Leadership
  - Stepping Beyond Your Comfort Zone
  - Prioritize Your Potential
  - Pearls
  - Influencers Stepping Out in Boldness
  - Eat Fear for Breakfast
  - Positioned to Pivot
  - Talk Time with God
  - Unleashed Power of Prayer
  - The Effects of Prayer in the Life of a Leader
  - Stepping Out of Your Comfort Zone: 40-Day Transformation Journal
  - My Soul is Anchored
  - Permission Granted
  - I Am Her
- Creator: 7 Pillars of Transformation Framework
  - The Legacy Launch Lab
  - Speaker at empowerment summits, women's leadership events, and ministry conferences
  - 40+ years in education, leadership, and professional development

## Speaking Topics & Areas of Expertise

- **Empowerment & Leadership:** Helping women step boldly into their calling
- **Legacy Building:** Creating cross-generational impact with faith and vision
- **Overcoming Fear:** Turning obstacles into opportunities for growth
- **Personal Development:** Unlocking potential through the 7 Pillars of Transformation
- **Faith & Purpose:** Aligning spiritual gifts with leadership and business

## Personal Interests

When she's not writing or coaching, Dr. Val enjoys global missions, mentoring women of all ages, and creating initiatives that bridge the gap between generations. She is passionate about faith, wellness, and cultivating leaders who dare to dream boldly.

## Contact Information

### Contact & Social Links

✉ Email: [hello@steppingoutwithpurpose.com](mailto:hello@steppingoutwithpurpose.com)

🌐 Website: [www.steppingoutwithpurpose.com](http://www.steppingoutwithpurpose.com)

🌐 Social Media Platforms

🌐 <https://facebook.com/valarie.harris.716/>

📷 Instagram: [instagram.com/talktimeval](https://instagram.com/talktimeval)

🔗 LinkedIn: <https://linkedin.com/in/dr-valarie-harris>

📺 YouTube: <https://youtube.com/@steppingoutwithvalarieharris>

📄 Substack: <https://substack.com/@steppingoutwithvalarieharris>

